



# Aaron J. Haydu, DC, DACRB

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## *Curriculum Vitae*

As of 3 / 2018

### **PRIVATE PRACTICE**

2000-Pres - Cohen & Haydu Chiropractic Clinic, 417 Market St., Kingston, PA 18704

### **EDUCATION**

2000 - Doctor of Chiropractic, New York Chiropractic College, Seneca Falls, NY  
1996 - Bachelor of Science, Biology, University of Scranton, Scranton, PA

### **FACULTY POSITIONS**

2013-Pres - Geisinger Commonwealth School of Medicine – Clinical Assistant Professor;  
Department of Clinical Sciences  
2018-Pres - New York Chiropractic College – Alumni Advisory Council  
2017 - Palmer College of Chiropractic – Adjunct Faculty; Intern Preceptorship  
Program  
2010 - New York Chiropractic College – Postgraduate Faculty  
2004-2008 - Marywood University, Scranton, PA; Science Department Faculty  
Anatomy and Physiology I and II Laboratory

### **LICENSURE / CERTIFICATIONS**

2015 - Certified in Selective Functional Movement Assessment, Level 1  
2011 - Certified Functional Movement Systems Professional, Level 1 & 2  
2010 - Certified in Graston Technique  
2009 - Diplomate - American Chiropractic Rehabilitation Board (DACRB)  
2008 - Board Certified Level 3, American Chiropractic Rehabilitation Board  
2007 - Board Certified Level 2, American Chiropractic Rehabilitation Board  
2006 - Board Certified Level 1, American Chiropractic Rehabilitation Board  
2003 - Certified: Mechanical Diagnosis and Therapy, McKenzie Institute Int'l  
2002 - Certified Strength and Conditioning Specialist, National Strength and  
Conditioning Association  
2002 - Kinesio Taping, Level 1-2  
2001 - Whiplash and Brain Injury Traumatology; Spine Research Institute of San  
Diego  
2000 - License to Practice Chiropractic, Pennsylvania License #DC007905L

### **POSTGRADUATE SEMINARS / CONTINUING DEVELOPMENT**

2017 - Clinical Neurodynamics for the Upper Quarter - *Neurodynamic Solutions*  
2017 - Clinical Neurodynamics for the Lower Quarter - *Neurodynamic Solutions*  
2017 - 18<sup>th</sup> Annual ACA Rehab Council Symposium  
2016 - Clinical Nutrition, Wellness and Diet Strategies, Part IV  
2015 - Selective Functional Movement Assessment, Level 1 Course  
2015 - 16<sup>th</sup> Annual ACA Rehab Council Symposium  
2014 - Physical Therapy, Rehabilitation, and Exercise Physiology; *New York  
Chiropractic College*  
2013 - 14<sup>th</sup> Annual ACA Rehab Council Symposium  
2012-2017 - American Chiropractic Rehab Board Recertification Exam  
2011 - Functional Movement Systems, Level 1 & 2 Certification Course  
2011 - 12<sup>th</sup> Annual ACA Rehab Council Symposium

- 2010 - Graston Technique, Module 1 Training, *New York Chiropractic College*
- 2009 - Mechanical Diagnosis and Therapy, Part E, Human Extremities, *McKenzie Institute International*
- 2009 - Modern Spine Care: Functional Training – An Integrated Approach for Injury, *D’Youville Chiropractic College*
- 2009 - Modern Spine Care: Spine Care for Pain - A Patient Centered Approach, *D’Youville Chiropractic College*
- 2009 - 10<sup>th</sup> Annual ACA Rehab Council Symposium
- 2007 - Reality Rehab of the Cervical Spine and Upper Extremities; *National University of Health Sciences*
- 2007 - Reality Rehab of the Lumbar Spine, Pelvis, and Lower Extremities; *National University of Health Sciences*
- 2007 - Rehabilitation of Low Back Syndromes, *Palmer Chiropractic College*
- 2007 - Thoraco-lumbar Spine Rehabilitation, *Palmer Chiropractic College*
- 2006 - Orofacial Rehabilitation, *Southern California University of Health Sciences*
- 2006 - Advanced Functional Extremity Training, *Southern California University of Health Sciences*
- 2006 - Lumbar Spine Symposium, *Southern California University of Health Sciences*; Hartford, CT
- 2006 - Research Methods, *Southern California University of Health Sciences*
- 2006 - Advanced Cervical Spine Rehab, *Southern California University of Health Sciences*
- 2006 - Rehabilitation Distance Learning, *Southern California University of Health Sciences*: Active Care/ Red Flags; Functional Capacity Evaluation; Postsurgical Rehabilitation; Rehabilitation of Special Populations; Nutrition; Pain Management; Topics in Chiropractic Rehabilitation; Rehab of the Spine Video Review
- 2005 - Biopsychosocial Decision Points in Active Care Practice, *Southern California University of Health Sciences*
- 2005 - Posture, Gait, and Sensory-Motor Training, *Southern California University of Health Sciences*
- 2005 - Soft Tissue and Post-Isometric Relaxation, *Southern California University of Health Sciences*
- 2005 - Rehabilitation of the Upper and Lower Quarters, *Southern California University of Health Sciences*
- 2005 - Rehabilitation Distance Learning: Biopsychosocial Approach to Chronic Pain Syndromes, *Southern California University of Health Sciences*
- 2004 - Cervical Spine Rehabilitation, *Southern California University of Health Sciences*
- 2004 - Core Training, *Southern California University of Health Sciences*
- 2004 - Clinical Integration of Rehab Concepts, *Southern California University of Health Sciences*
- 2004 - Functional Extremity Training, *Southern California University of Health Sciences*
- 2004 - Rehabilitation Distance Learning: Core Articles Review, *Southern California University of Health Sciences*
- 2003 - Whiplash and Brain Injury Traumatology, *Spine Research Institute of San Diego*: Advanced Topics
- 2003 - Whiplash and Brain Injury Traumatology, *Spine Research Institute of San Diego*: Auto Crash Reconstruction / Advanced Diagnostics and Treatment

- 2003 - Whiplash and Brain Injury Traumatology, *Spine Research Institute of San Diego*: Narrative Report Writing and Practice Development
- 2003 - Whiplash and Brain Injury Traumatology, *Spine Research Institute of San Diego*: Medicolegal Issues
- 2003 - Blood Chemistry and Herbal Therapies, *Logan College of Chiropractic*
- 2002 - Kinesiotaping (KT1 and KT2), Kinesiotaping Association
- 2002 - Mechanical Diagnosis and Therapy, Part D, Advanced Technique, *McKenzie Institute International*
- 2002 - Mechanical Diagnosis and Therapy, Part C, Problem Solving, *McKenzie Institute International*
- 2002 - Mechanical Diagnosis and Therapy, Part B, Cervical and Thoracic Spine *McKenzie Institute International*
- 2001 - Mechanical Diagnosis and Therapy, Part A, Lumbar Spine, *McKenzie Institute International*

***INSTRUCTIONAL SEMINARS***

- 2010 - Advanced Rehabilitation Strategies for the Spine, *New York Chiropractic College & Pennsylvania Chiropractic Association*

***AWARDS / HONORS***

- 2018 - Voted “Best Chiropractor” in Northeast PA in The Times Leader Readers Choice Awards
- 2017 - Voted “Best Chiropractor” in Northeast PA in The Times Leader Readers Choice Awards
- 2016 - Voted “Best Chiropractor” in Northeast PA in The Times Leader Readers Choice Awards
- 2015 - Voted “Best Chiropractor” in Northeast PA in The Times Leader Readers Choice Awards
- 2014 - Voted “Best Chiropractor” in Northeast PA in The Times Leader Readers Choice Awards
- 2010 - Recipient of the NEPA Power! (Professionals Organized and Working to Enrich the Region) Member of the Year award.
- 2009 - Recipient of *The Northeast Pennsylvania Business Journal’s* “20 Under 40” honoring the top business professionals in Northeast PA under 40 years old.
- 2008 - Recipient of The Times Leader “40 Under 40” Award honoring the top 40 business professionals in Northeast PA under 40 years old.

***ARTICLES/PUBLICATIONS***

- 2001-2002 - Contributing columnist to nationally published *Racquetball Magazine*, the official monthly publication of the United States Racquetball Association.

***PROFESSIONAL ORGANIZATIONS***

American Chiropractic Association  
 Pennsylvania State Chiropractic Association  
 American Chiropractic Rehabilitation Board  
 Functional Movement Systems  
 McKenzie Institute, USA  
 National Strength and Conditioning Association  
 Spine Research Institute of San Diego